



LUNCH

SALADS

- Chicken Caesar - grilled marinated chicken breast on Romaine with parmesan cheese, croutons and Caesar dressing \$9.50 / Shrimp \$9.75
- Macadamia and Japanese encrusted tilapia salad with an orange vinaigrette \$9.50
- Cobb Salad - mixed greens, grilled chicken breast, hard boiled eggs, bacon, tomatoes, crumbled bleu cheese \$9.50
- Chef Salad - mixed greens, tomatoes, ham, turkey, cheese, hard-boiled egg and choice of dressing \$9.50
- Greek Salad - mixed greens with onion, Greek olives, Feta cheese, pepperoncini, and potato salad \$8.95
- Trio Salad - chicken salad, tuna salad and egg salad atop mixed greens, tomatoes and pepperoncini \$9.50

Dressings - Italian, lo-cal Italian, 1000 Island, Greek, Bleu Cheese, honey mustard, Caesar, ranch, low-fat ranch, orange vinaigrette, and balsamic

WRAPS

- Channelside Chicken Wrap - grilled, marinated chicken, grilled vegetables, lettuce, tomato and an orange vinaigrette \$9.25
- Chicken Caesar Wrap \$9.25
- Zeldas Beef Wrap - steak, feta cheese, olives, lettuce, tomato and orange teriyaki vinaigrette \$9.25
- Shrimp Wrap - grilled shrimp, grilled vegetable, lettuce, tomato and Caesar dressing \$10.25
- Veggie Wrap - grilled vegetables, artichoke hearts, hearts of palm, lettuce, tomato and Greek dressing \$8.50

SIDES

- Lucky Potato Salad \$2.25
- Macaroni Salad \$2.25
- Garden Side Salad \$3.25
- Home-made Soup Cup \$2.95 - Bowl \$5.95
- Chips \$2.05
- French fries or tater tots \$2.95

DELI SANDWICHES (COLD)

Piled high with your choice of cheese on white, wheat, marble rye, hoagie roll or Cuban bread. Served with macaroni salad.

- Honey Glazed Ham \$8.50
- Roast Beef \$8.95
- Salami - hard salami \$8.50
- Corned Beef sandwich \$8.95
- Roast Breast of turkey \$8.50
- Club - Ham, turkey, Swiss cheese, bacon, lettuce and tomato with mayo \$8.95
- BLT - Bacon, lettuce, tomato and mayo \$5.95
- Italian Sub - Capicola Ham, Salami, Provolone cheese, onion, pickles, lettuce and tomatoes, mayo, with Italian dressing on a hoagie roll \$8.95
- Tuna Salad - Albacore Tuna with celery & mayo \$7.25
- Chicken Salad - Chicken Breast, onion & mayo \$7.95
- Egg Salad - Hard-Boiled egg, celery & mayo \$6.25
- Extra Meat \$2.00
- Extra Cheese \$.50

DELI SANDWICHES (HOT)

- Steak & Cheese - grilled Steak, with onions, mushrooms, green pepper, American Cheese with mayo \$9.25
- add salami \$9.50
- Reuben - corned beef or turkey, Swiss cheese, Sauerkraut on grilled marble rye with 1000 Island dressing \$8.95
- Grilled Chicken sandwich - marinated chicken grilled served with Italian mayo, lettuce and tomato \$9.25
- Pressed Cuban - marinated pork, ham, Swiss cheese, pickles, mayo, mustard on Cuban bread \$8.95
- Tilapia Sandwich - Teriyaki Glazed Tilapia with mixed greens and orange vinaigrette \$9.25
- Fried Fish - sandwich on a hoagie roll with lettuce and tartar sauce \$9.25
- Hamburger \$7.25 with cheese \$7.50
- Hot Dog \$6.95